Harvard Pilgrim Health Care | TUFTS Health Plan

Pharmacy Medical Necessity Guidelines:
Savella (milnacipran) Step Therapy

Effective: July 14, 2026

Guideline Type	☐ Prior Authorization ☐ Non-Formulary ☒ Step-Therapy ☐ Administrative

Applies to:

Commercial Products

☒ Harvard Pilgrim Health Care Commercial products; Fax: 617-673-0988

☒ Tufts Health Plan Commercial products; Fax: 617-673-0988

Public Plans Products

☒ Tufts Health Direct – A Massachusetts Qualified Health Plan (QHP) (a commercial product); Fax: 617-673-0988

Note: While you may not be the provider responsible for obtaining prior authorization, as a condition of payment you will need to ensure that prior authorization has been obtained.

Overview

Food and Drug Administration – Approved Indications

Savella (milnacipran) is indicated for the management of fibromyalgia. Savella (milnacipran) is not approved for use in pediatric patients.

Clinical Guideline Coverage Criteria

Note: Prescriptions that meet the initial step therapy requirements will adjudicate **automatically** at the point of service. If the patient does not meet the initial step therapy criteria, the prescription will deny at the point of service with a message indicating that prior authorization (PA) is required. Refer to the Coverage Criteria below and submit PA requests to the plan for patients who do not meet the step therapy criteria at the point of service.

Please refer to the table below for medications subject to this policy:

Drug	
Step-1	
gabapentin duloxetine pregabalin amitriptyline cyclobenzaprine	Covered
Step-2	
Savella (milnacipran)	Requires prior use of a drug on Step-1 or Step-2

Automated Step Therapy Coverage Criteria

The following stepped approach applies to coverage of the Step-2 medications by the plan:

Step 1: Medications on Step-1 are covered without prior authorization

Step 2: The plan may cover Step-2 medications if the following criteria are met:

a) The patient has had a trial of one (1) Step-1 or Step-2 medication within the previous 180 days as evidenced by a previous paid claim under the prescription benefit administered by the plan.

Coverage Criteria for Patients not meeting the Automated Step Therapy Coverage Criteria at the Point of Sale

Step 2: The plan may cover medications on Step-2 if the following criteria are met:

1. The patient has had a trial of a Step-1 or Step-2 medication as evidenced by physician's documented use, excluding the use of samples

OR

2. The patient has a physician documented trial and failure with one, or contraindication or intolerance to all of the following Step-1 medications: gabapentin, duloxetine, pregabalin, amitriptyline, or cyclobenzaprine

Limitations

1. Previous use of samples or vouchers/coupons for Savella (milnacipran) will not be considered for authorization.
2. Medications on Step-2 are not covered unless the above step therapy criteria are met.

Codes

None

References

1. Savella (milnacipran) [prescribing information]. Irvine, CA: Allergan USA Inc; September 2025.
2. Goldenberg DL, Kaplan M. Fibromyalgia: treatment in adults. In: UpToDate, Connor RF (ed), Waltham, MA, 2026.
3. Arnold LM, Bennett RM, Crofford LJ, et al. AAPT Diagnostic Criteria for Fibromyalgia. J Pain 2019; 20:611.

Approval And Revision History

September 2022: Reviewed by the Pharmacy & Therapeutics Committee.

Subsequent endorsement date(s) and changes made:

- July 11, 2023: No changes
- July 9, 2024: No changes
- July 8, 2025: No changes.
- July 14, 2026: Administrative update to remove CareLink from the Medical Necessity Guideline template.

Background, Product and Disclaimer Information

Pharmacy Medical Necessity Guidelines have been developed for determining coverage for plan benefits and are published to provide a better understanding of the basis upon which coverage decisions are made. The plan makes coverage decisions on a case-by-case basis considering the individual member's health care needs. Pharmacy Medical Necessity Guidelines are developed for selected therapeutic classes or drugs found to be safe, but proven to be effective in a limited, defined population of patients or clinical circumstances. They include concise clinical coverage criteria based on current literature review, consultation with practicing physicians in the service area who are medical experts in the particular field, FDA and other government agency policies, and standards adopted by national accreditation organizations. The plan revises and updates Pharmacy Medical Necessity Guidelines annually, or more frequently if new evidence becomes available that suggests needed revisions.

For self-insured plans, coverage may vary depending on the terms of the benefit document. If a discrepancy exists between a Pharmacy Medical Necessity Guideline and a self-insured Member’s benefit document, the provisions of the benefit document will govern.

Treating providers are solely responsible for the medical advice and treatment of members. The use of this policy is not a guarantee of payment or a final prediction of how specific claim(s) will be adjudicated. Claims payment is subject to member eligibility and benefits on the date of service, coordination of benefits, referral/authorization and utilization management guidelines when applicable, and adherence to plan policies and procedures and claims editing logic.